**Western Cape Championships - TUMBLING**

**Friday 26 August 2016**

**Eversdal Gymnastics Club - Brackenfell**

**GROUP1**

**LEVEL 3 Male/Female 12 yrs & 13/O yrs (23  competitors)**

Grouping           14:25

Warm-up           14:30 - 14:50

Competition     14:50 - 15:20

**GROUP2**

**LEVEL 3 Male/Female 7/u yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs  (26  competitors)**

Grouping           15:10

Warm-up           15:20 - 15:40

Competition       15:40 - 16:10

**GROUP3**

**LEVEL 4 Male/Female ALL AGES (23  competitors)**

Grouping           16:00

Warm-up           16:10 - 16:30

Competition       16:30 - 17:00

**GROUP4**

**LEVEL 5 Male/Female ALL AGES (23  competitors)**

Grouping           16:50

Warm-up           17:00 - 17:30

Competition       17:30 - 18:00

**GROUP5**

**LEVEL 7 & WAG Male/Female ALL AGES (10 competitors)**

Grouping           17:55

Warm-up           18:00 - 18:30

Competition       18:30 - 18:50

**GROUP3**

**LEVEL 6 Male/Female ALL AGES (16  competitors)**

Grouping 18:45

Warm-up           18:50 - 19:10

Competition     19:10 - 19:40

**All competitors after group 1 must be available at least 30 minutes prior to their reporting time**