

TUMBLING GYMNASTICS

The below results need to be achieved at the Western Cape Gymnastics Provincial Championships

Please note that the minimum score **and** placing position must be achieved for Gymnastics Honours and Colours

Level	Gymnastics Honours			Western Cape Colours			Team Member Provisional Score to qualify as a Team member for Gym Games
	Awarding of Gymnastics Honours	Score to qualify for Gymnastics Honours	Position to qualify for Gymnastics Honours	Awarding of Western Cape Colours	Score to qualify for Western Cape Colours	Position to qualify for Western Cape Colours	
1	No	n/a	n/a	No	n/a	n/a	n/a
2	No	n/a	n/a	No	n/a	n/a	n/a
3	No	n/a	n/a	No	n/a	n/a	n/a
4	No	n/a	n/a	No	n/a	n/a	Minimum execution: 8.5
5							
6 - 8 years	Yes	54	5	No	n/a	n/a	Minimum execution: 8.5
9 - 10 years	Yes	54	5	No	n/a	n/a	Minimum execution: 8.5
11 - 12 year	Yes	54	5	No	n/a	n/a	Minimum execution: 8.5
13 & over	Yes	54	5	No	n/a	n/a	Minimum execution: 8.5
6							
6 - 8 years	Yes	54	5	No	n/a	n/a	Minimum execution: 8.3
9 - 10 years	Yes	55	5	No	n/a	n/a	Minimum execution: 8.3
11 - 12 year	Yes	55	5	No	n/a	n/a	Minimum execution: 8.3
13 - 14 year	Yes	55	5	No	n/a	n/a	Minimum execution: 8.3
15 - 16 year	Yes	55	5	No	n/a	n/a	Minimum execution: 8.3
7							
6 - 8 years	Yes	53	5	No	n/a	n/a	Minimum execution: 8.3
9 - 10 years	Yes	53,5	5	No	n/a	n/a	Minimum execution: 8.3
11 - 12 year	Yes	53,5	5	No	n/a	n/a	Minimum execution: 8.3
13 - 14 year	Yes	53,5	5	No	n/a	n/a	Minimum execution: 8.3
15 - 16 year	Yes	54	5	No	n/a	n/a	Minimum execution: 8.3
8							
12/u	Yes	55	5	No	n/a	n/a	Minimum execution: 8.3
13 - 14 year	Yes	54	5	No	n/a	n/a	Minimum execution: 8.3
15 - 16 year	Yes	53	5	No	n/a	n/a	Minimum execution: 8.3
17 & over	Yes	53	5	No	n/a	n/a	Minimum execution: 8.3
(JO/WAGS)							
12/u	Yes	54	5	Yes	54	5	Minimum execution: 8.3
13 - 14 year	Yes	55	5	Yes	55	5	Minimum execution: 8.3
15 - 16 year	Yes	55	5	Yes	55	5	Minimum execution: 8.3
17 & over	Yes	55	5	Yes	55	5	Minimum execution: 8.3
10 (SO)							
17 & over	Yes	57,8	5	Yes	57,8	5	Minimum execution: 8.3

JO = Junior Olympic (World Age Groups)
SO = Senior Olympic

Please refer to the explanatory letter dated 20 May 2019 called:
**AWARDING OF WESTERN CAPE PROVINCIAL COLOURS, GYMNASTICS HONOURS
and WESTERN CAPE GYMNASTICS TEAM MEMBERS for more detailed information**