



Western Cape Gymnastics Association

Postal Address: P.O. Box 293 Edgemead, 7407

www.westerncapegymnastics.com

NPO Registration: 142 – 856 NPO

Comprising: Cape Town Gymnastics, Cape Winelands Gymnastics, Overberg Gymnastics, Eden Gymnastics and West Coast Gymnastics

ROPE SKIPPING SOUTH ZONE COMPETITION

24 JUNE 2018

WITTEBOOM CIVIC CENTRE, WYNBERG

PARTICIPANTS ARRIVAL	-	10:30
REGISTRATION & WARM UP	-	10:30
COMPETITION START	-	11:15
COMPETITION ENDS	-	12:15

PLEASE NOTE THE FOLLOWING IMPORTANT INFORMATION:

- Skippers to wear their club uniforms and socks and tekkies are compulsory for competition wear
- Judges to wear judges uniform
- Judges to report at 10h30
- There is no tuckshop on site, please bring own snacks and water

President: Anne Vermaak, Vice President: Michelle Kleu

Committee: Warren Buchanan, Andre Nieuwoudt, Melvin Edwards, Karl Schneeberger, Theuns Botha
The Western Cape Gymnastics Association is affiliated to the South African Gymnastics Federation (SAGF)
and the Western Cape Provincial Sport Confederation (WCPSC)

