

SAGF



South African Gymnastics Federation
Technical Committee
TRAMPOLINE



17 August 2015

TO: SAGF - Board Members and TC's
ALL PROVINCES - From Provinces to clubs, from clubs to club members / Club Notice Board
TUMBLING CONTACT PERSONS

SA GYM GAMES – TUMBLING

DATE:

Friday 9 October and Saturday 10 October 2015

VENUE:

Jonibach Sports Hall, 377 Eeufees, Pretoria North

COMPETITION FEE:

SA Games Entry fee:

Category A: R300 per tumbler

Category C: R150 per tumbler

Region 5 (Zone VI) Trial Entry fee:

Category A: R200 per tumbler

Category C: R100 per tumbler

Once the province has entered online you will receive an account and reference number

ENTRIES - ONLINE GYM GAMES COMPETITION ENTRY SYSTEM

We would like to inform all Provinces that entries for Gym Games, for all disciplines must be completed and submitted by each Provincial Administration Office.

Entries from individual clubs/districts etc. will not be accepted.

The system automatically checks if someone is registered or not and will only allow registered members to be entered

The system invoices are based on the category of the member, only competitive members can be entered

The system utilises data that is already on the system such as Race, Category, Age, Province etc so that there is no need to provide that information again when entering

CLOSING DATE FOR ENTRIES:

14 September 2015

SAGF MEDALS:

1st, 2nd and 3rd medals for each section

TU TECHNICAL ASSEMBLY - Thursday, 8 October 2015, 17:00-19:00



SA GYM GAMES – TUMBLING - COMPETITION RULES

1. Only selected provincial tumblers may participate. Levels 3 – OPEN
2. Tumblers must warm up and compete in official provincial wear
3. Tumblers must wear their provincial leotard during march on and on the podium
4. Please ensure that your entries are correct using the online SAGF competition system and the provincial secretary must ensure that the organizers have received the entries.
5. The age of the gymnast as at 31 December 2015 will determine the age group in which the gymnast will compete.
6. Closing date for entries and proof of payment , **14 September 2015**
7. Provinces are obligated to pay the entry fee for all their gymnasts entered as per SAGF record on 14 September (No refunds or withdrawals or late entries are permitted after this date)
8. Entry fees are payable by the *Club to the Province to SAGF* (SOUTH AFRICAN GYMNASTICS FEDERATION, BANK: NEDBANK. BRANCH CODE CRESTA 19-13-05 ACCOUNT NUMBER 191 320 75 36
9. Once your online entries have been logged an invoice will be generated with a reference number for the region to make payment with
10. *Proof of payment must be submitted to, both: Trampoline Administration Cheryl van der Walt cherylv@netactive.co.za and wofsport@mweb.co.za*
11. Province's are to provide their judges names, qualifications and contact details to Jaco Smit by 14 September 2015 at Jacosmit220@gmail.com
12. Each entered province is requested to provide three level 2 or higher judges for the full duration of the SA Gym Games on 9 & 10 October as per Code of Conduct, or a R500 penalty per judge will be charged to the region. "Judges selected to judge at the South African Championships, must have the minimum qualification of a Level 2 Judge and have judged at least 2 years actively, prior to that National competition" (Page 8, first bullet)
13. All registered officials will be served coffee and tea. Please ensure their names are listed on the entry form maximum two coaches per region. Lunch tickets will only be supplied to listed officials only – accreditation will be provided
14. No spectators are allowed on the competition floor area. Disregard of this rule will result in immediate disqualification of the participant.
15. Provincial coaches must be dressed professionally according to the code of conduct or will be requested to leave the floor area (official provincial tracksuit & takkies) – accreditation will be provided
16. Provincial tumblers must be dressed according to the code of conduct or may be disqualified
17. All coaches, judges and officials must attend the information meeting on Friday 9 October at 08:00 in the meeting room
18. Region 5 (Zone VI) trials – see attached selection policy for rules and regulations
19. Difficulty cards: WAG and Open competitor's difficulty cards need to be handed to Jaco Smit at the judges meeting at 08:00 on Saturday 10 October 2015 – Disregard of this rule will result in disqualification of the tumbler!
20. FIG and SAGF tumbling Rules and Regulation will apply

TU TECHNICAL ASSEMBLY - Thursday, 8 October 2015, 17:00-19:00

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SA Gym Games 2015 – Jonibach Hall – Pretoria

PROVISIONAL Tumbling Programme

Friday, 9 OCTOBER 2015

	<u>MAT 1 - ROD FLOOR</u>	<u>MAT 2 - ACRO TRACK</u>
<u>08:00 - INFORMATION & JUDGES MEETING</u>		
8:00 – 8:10 GROUPING 8:10 – 8:30 WARM UP 8:30 – 9:10 COMPETITION	<u>LEV 5</u> 8 / UNDER BOYS & GIRLS <u>LEV 5</u> 9/10 YRS BOYS & GIRLS	<u>LEV 3</u> 7 / UNDER BOYS & GIRLS
9:00 – 9:10 GROUPING 9:10 – 9:30 WARM UP 9:30 – 10:10 COMPETITION	<u>LEV 5</u> 11/12 YRS BOYS & GIRLS	<u>LEV 3</u> 8 YRS BOYS & GIRLS
10:00 – 10:10 GROUPING 10:10 – 10:30 WARM UP 10:30 – 11:10 COMPETITION	<u>LEV 5</u> 13/14 BOYS & GIRLS	<u>LEV 3</u> 9 YRS BOYS & GIRLS
11:00 – 11:10 GROUPING 11:10 – 11:30 WARM UP 11:30 – 12:10 COMPETITION	<u>LEV 5</u> 15/OVER BOYS & GIRLS	<u>LEV 3</u> 10 YRS BOYS & GIRLS
<u>12:10 – 13:00</u>	<u>LUNCH</u>	<u>LUNCH</u>
13:00 – 13:10 GROUPING 13:10 – 13:30 WARM-UP 13:30 – 14:10 COMPETITION	<u>LEV 6</u> 8 / UNDER 9/10 YRS BOYS & GIRLS	<u>LEV 3</u> 11 YRS BOYS & GIRLS
14:00 – 14:10 GROUPING 14:10 – 14.30 WARM UP 14.30 – 15:10 COMPETITION	<u>LEV 6</u> 11/12 YRS BOYS & GIRLS	<u>LEV 3</u> 12 YRS BOYS & GIRLS
15:00 – 15:10 GROUPING 15:10 – 15:30 WARM-UP 15:30 – 16:10 COMPETITION	<u>LEV 6</u> 13/14 15/OVER BOYS & GIRLS	<u>LEV 3</u> 13 / OVER BOYS & GIRLS

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PROVISIONAL Tumbling Programme

Saturday 10 October 2015

	<u>MAT 1 – ROD FLOOR</u>	<u>MAT 2 – ACRO TRACK</u>
<u>08:00 – 8:40 - JUDGES MEETING</u>		
8:00 – 8:10 GROUPING 8:10 – 8:40 WARM UP 8:40 – 9:10 COMPETITION	<u>LEV 7</u> 10 / UNDER 11/12 YRS 13/14 YRS 15/16 YRS 17 / OVER BOYS & GIRLS	<u>LEV 4</u> 13/14 15/OVER BOYS & GIRLS
9:00 – 9:10 GROUPING 9:10 – 9:40 WARM UP 9:40 – 9:10 COMPETITION	<u>WAG</u> 12 / UNDER 13/14 YRS BOYS & GIRLS	<u>LEV 4</u> 11 YRS & 12 YRS BOYS & GIRLS
10:00 – 10:10 GROUPING 10:10 – 10:40 WARM UP 10:40 – 11:10 COMPETITION	<u>WAG</u> 15/16 YRS 17/18 YRS BOYS & GIRLS	<u>LEV 4</u> 10 YRS BOYS & GIRLS
11:00 – 11:10 GROUPING 11:10 – 11:30 WARM UP 11:30 – 12:10 COMPETITION	<u>OPEN</u> MEN & WOMEN	<u>LEV 4</u> 8 / UNDER BOYS & GIRLS <u>LEV 4</u> 9 YRS BOYS & GIRLS
<u>12:10 – 13:00</u>	<u>LUNCH AND GENERAL WARM UP FOR REGION 5 (ZONE VI) TRIALS</u>	<u>LUNCH AND GENERAL WARM UP FOR REGION 5 (ZONE VI) TRIALS</u>
13:00 – 13:10 GROUPING 13:10 – 13:30 WARM UP 13:30 – 14:10 COMPETITION	<u>REGION 5 (ZONE VI) TRIALS</u> <u>PRE-JUNIORS ONLY</u> <u>BOYS & GIRLS</u>	
14:00 – 14:10 GROUPING 14:10 – 14.30 WARM UP 14.30 – 15:10 COMPETITION	<u>REGION 5 (ZONE VI) TRIALS</u> <u>JUNIORS & SENIORS</u> <u>BOYS & GIRLS</u>	