

Long Term Coaches Development (LTCD) Domains

Stages of LTPD		Active Start	Fun to Train + Learn to Train	Train to Train	Train to Compete + Compete to perform
Domains		Children's Domain	Participation Domain	Talent Domain	High Performance Domain
recommended course durations and format		GL	1 & 2	3 & 4	5 & 6 & Brevet
Pre Coach		Gymnasts/Parents/Volunteers >= 15 years can attend GL Course as observers			
Assistant Coach	30 contact hours. 60 hours work integrated learning	Must attend and pass GL Course phase 1 course . Must have 1 year experience in sport in pre coach role	Must attend and pass Level 1 Phase 1 course + Must have one year experience in pre coach role within this domain	Must Attend and pass Level 3 course + Must have one year experience sport in pre coach role	Must pass a L4 course course and be found competent on L4 phase two assessment = Must have one year experience in sport in pre coach role
Coach	40 contact hours. 80 hours work integrated learning	Must be an "Assistant Coach" + Found competent in Practical phase 2 GL assessment + Must have 1-2 years experience as coaching assistant in this domain	Must be an "Assistant Coach" + found competent in Level 1 phase 2 assessment+ Must have 1-2 years experience as coaching assistant in this domain	Must be an "Assistant Coach" + and pass a level 3 phase 2 competency assessment+ must have 1-2 years experience as coach assistant in this domain	Must be an "Assistant Coach" + and pass a level 5 course+ must have 1-2 years experience as coach assistant in this domain
Senior Coach	180 contact hours. 360 hours work integrated learning	Must be a "Coach" + Level 1 qualification + 2-4 year experience as coach in this domain + qualification in children related domain	Must be a qualified coach and attend and pass Level 2 phase 1 course+ 2-4 years experience as a coach in this domain	Must attend and pass Level 4 course + Must have 2-4 years experience as Coach this domain	Must be a "Coach" + Must have 2-4 years experience as Coach in domain + pass the level 5 course.
Master Coach	220 contact hours. 440 hours work integrated learning	Must act as tutor or facilitator in this domain + 4 year experience as senior coach in this domain + qualification in children related domain	Must be a "Senior Coach" + found competent Level 2 phase 2 assessment + 4 years experience as senior coach in this domain + must be a Tutor or facilitator	Must be a "Senior coach" + and pass a level 4 phase 2 competency assessment + must have 4 years experience as senior coach + must be a tutor	Brevet Qualification + Must have 4 years experience as senior coach in this domain + must be a "tutor"