



## Western Cape Gymnastics Association

Postal Address: P.O. Box 293 Edgemead, 7407

www.westerncagegymnastics.com

NPO Registration: 142 – 856 NPO

Comprising: Cape Town Gymnastics, Cape Winelands Gymnastics,  
Eden Gymnastics and West Coast Gymnastics

13 July 2015

### ALL LEVELS ROPE SKIPPING DISTRICT & PROVINCIAL & SCHOOL SPORT TRIALS 2015

*\*Cape Town \*Cape Winelands \*Eden \*Overberg \*West Coast*

| COMPETITION DETAILS |  |
|---------------------|--|
| DISTRICT(S)         | Cape Town, Cape Winelands, Eden, Overberg, West Coast                        |
| DATE                | 21 - 22 August 2015  |
| VENUE               | Western Cape Sport School, Nooiensfontein Road, Kuilsriver                   |
| TIMES               | The Programme will be sent out as soon as all the Entries have been received |

| ENTRY FEES                   |  |
|------------------------------|--|
| DETAILS                      | <ul style="list-style-type: none"><li>• Entry Fees includes entrance fee to the venue - there will be no additional charge at the door</li><li>• Entries will only be accepted if they are on the official Entry Form AND they are accompanied by the Deposit Form AND Proof of Payment</li><li>• Late Entries will NOT be accepted</li><li>• The Entry Fee is not refundable after the entry date</li><li>• If a Club enters and does not pay, they are responsible for the full amount owing on the Entry Form, regardless of whether the person/gymnast attended/participated/competed or not</li></ul> |
| ENTRY FEES                   | Category A: R 165.00<br>Category C: R 60.00  |
| JUDGES                       | All Clubs entering 5 or more jumpers need to supply a Judge:<br><br>Alternatively you will be liable for a PROXY FEE of R 500.00 per Judge for the Competition, <b>payable by the Closing Date with the Gymnasts Entry Fees.</b>   |
| CLOSING DATE FOR ALL ENTRIES | <b>Friday, 7 August 2015</b><br>Please note NAMES and FEES need to be submitted by this date.  |
| BANKING DETAILS              | Western Cape Gymnastics Association<br>Nedbank N1 City<br>Branch code: 109 810<br>Current account: 1065 769 032<br>Reference: RS & Club's name<br><br>Please email the Entry Form, Deposit Form and Proof of Payment to <b>sonja@wcga.co.za</b> by no later than <b>Friday, 7 August 2015.</b>   |



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### OFFICIALS INFORMATION

#### COACHES AND JUDGES

- Please ensure that all forms are filled in correctly and that Coaches and Judges are sent in at the same time as the Entries
- All registered Officials (Judges and Coaches) will be served meals as well as refreshments. Please ensure that their names are listed on the Entry Form so that they can be catered for

#### VOLUNTEERS

Each Club competing will need to supply 2 Volunteers per day to help (they will take turns)

Please note that all Gymnasts must be registered with SAGF. No unqualified Coaches/Judges will be allowed on the floor.

Email any queries to [sonja@wcga.co.za](mailto:sonja@wcga.co.za)

Regards,

Sonja Greig

*Administrator – Rope Skipping, Western Cape Gymnastics Association*