



Western Cape Gymnastics Association

Postal Address: P.O. Box 293 Edgemead, 7407

www.westerncapedgymnastics.com

NPO Registration: 142 – 856 NPO

Email: info@wcga.co.za

Comprising: Cape Town Gymnastics, Cape Winelands Gymnastics,
Eden Gymnastics, Overberg Gymnastics and West Coast Gymnastics

10 August 2016

To All Rope Skipping Clubs

Rope Skipping Team to National Gym Games

Congratulations to the following gymnasts who met the selection criteria at the recent Trials on 6 August 2015.

The following Level 1 & 2 jumpers have made the team to represent **Cape Town Gymnastics Association** at the National Gym Games. These jumpers receive District colours and will wear the following when competing:

- a white t-shirt with their district badge sewn onto the left breast,
- white or black shorts
- white socks
- takkies

In between the jumpers may wear their club tracksuit together with the District badge on the left arm. **For medal presentations jumpers must be in competition attire.**

Orders and payments for badges must be placed with the club. The District badge costs R55 and the Year badge R30. Order forms can be found on the Western Cape Gymnastics Website.

Level 1 12 & under Female

- Carla Whelan Fish Hoek

Level 1 12 & under Male

- Sibanye Magazolo Jump It RS Academy
- Aedan Moorlach Fish Hoek

Level 2 11 & under Female

- Roche Sauls GCU

Level 2 14 & under Female

- Karen Sauls GCU
- Charne Petersen GCU
- Courtney Berling GCU
- Kezia Lee GCU

President: Anne Vermaak, Vice President: Michelle Kleu, Treasurer: Angelique Portelli
Committee: Warren Buchanan, Melvin Edwards, Andre Nieuwoudt, Karl Schneeberger, Christo Swanepoel
The Western Cape Gymnastics Association is affiliated to the South African Gymnastics Federation (SAGF)
and the Western Cape Provincial Sport Confederation (WCPSC)





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The following Level 3-6 jumpers have made the team to represent **Western Cape Gymnastics Association** at the National Gym Games. These jumpers receive Provincial colours and will wear the following when competing:

- the Provincial t-shirt
- white or black shorts
- white socks
- takkies

In between the jumpers may wear the Provincial tracksuit or their club tracksuit with the District badge. **For medal presentations jumpers must be in competition attire.**

Orders and payments for badges and clothing must be placed with the club. The District badge costs R55 and the Year badge R30. Order forms and pricing of the Western Cape Tracksuit and T-shirts, can be found on the Western Cape Gymnastics Website.

Level 3 – 11 & under – Female

- Yushra Lakay GCU

Level 3 – 14 & under – Male

- Benjamin Gubb Flairs
- Simamkele Tumtumana Jump It RS Academy

Level 3 – 17 & under – Female

- Jade Booyesen GCU

Level 4 – 18 & under– Male

- Likho Pasman Jump It RS Academy

Level 5 18 & under – Male

- Melikhaya Tumtumana Jump It RS Academy
- Sibusiso Booyesen Jump It RS Academy

Level 5 18 & over – Male

- Sonwabile Mfaco Jump It RS Academy

Level 6 17 & under – Female

- Aasheeqah Lakay GCU

Level 6 17 & under – Male

- Phawu Ncapayi Jump It RS Academy
- Malusi Tumtumana Jump It RS Academy
- Mkhululi Gosa Jump It RS Academy

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Level 6 18 & over – Male

- Buyisile Hubela Jump It RS Academy

Clubs and coaches to please double check the age groups of skippers!

Gymnasts qualifying today for the District team and Provincial team will need to advise their club by the latest Thursday 18 August 2016, whether they will be competing. Late entries will not be accepted. Please remember lines of communication are parent/gymnast -> Club - >Province. Please ensure all communication is directed to your club.

Gym Games entry fee is:

Individuals:

CATEGORY A: R440 (Entry Fee R 190 + Officials cost of R 250)

CATEGORY C: R340 (Entry Fee R 190 + Officials cost of R 150)

Team Events:

R 200 per Jumper

Demo Cup:

R 130 per Jumper (Minimum of 6, Maximum of 12 Jumpers)

Clubs, please ensure that this is paid over to the Province no later Monday 22 August 2016, together with the cost of the badge and clothing.

CONGRATULATIONS TO EVERYONE ON THEIR EXCELLENT ACHIEVEMENTS!!!!

Sadicka Isaacs
Program Manager
WCGA Rope Skipping

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