



**South African Gymnastics Federation
Technical Committee
RHYTHMIC GYMNASTICS**



Date: 29 April 2015
Circular: 10B/2015
Re: Team Trophy - South

We would like all Clubs based in the Western Cape and Eastern Cape to attend the Novice Team Trophy South Event. The Western Cape Districts are:

- Cape Town
- Winelands
- Eden
- West Coast

Date:	12-13 June 2015
Venue:	Tygerberg Sports Hall, Tygerberg Campus
Schedule:	Times will be sent out once all the entries have been received. Please note that we will only start on Friday, 12 June if there are sufficient entries
Entry Fee:	R250 per gymnast R100 per PDI gymnast
Spectator Entry Fee:	None. It has been included in the Entry Fee
Closing Date:	Monday, 18 May 2015 All entries are to be emailed to rhythmic@wcga.co.za before the closing date
Sections	Level 1-7
Age Groups for Individual Awards:	Please note that we will be including more Age Groups to assist with competition organisation: Level 1 - U6, U7, U8, U9, U10, U11, O11 Level 2 - U7, U8, U9, U10, U11, O11 Level 3 - U7, U8, U9, U10, U11, O11 Level 4 - U9, U11, U13, U15, O15 Level 5 - U9, U11, U13, U15, O15 Level 6 - U9, U11, U13, U15, O15 Level 7 - U9, U11, U13, U15, O15

MEMBERS:

Robyn Baker - Admin (Programme Manager)
Shalene Raath - Technical, Maureen van Rooyen - Development

Contact us on: robynbaker@mweb.co.za or fax 086 527 1138

Apparatus	<p>Level 1 - Dance & Rope Level 2 - Hoop & Ball Level 3 - Clubs & Ribbon Level 4 - Dance & Hoop only Level 5 - Dance & Clubs only Level 6 - Dance & Ball only Level 7 - Dance & Rope only</p>
Individual Awards:	All Gymnasts will receive medals according to their performance
Age Groups for Teams:	<p>Please note that we will have the following team sections:</p> <p>Level 1 - U7 (gymnasts U6 and U7) Level 1 - U9 (gymnasts U8 and U9) Level 1 - U11 (gymnasts U10 and U11) Level 1 - O11 (all gymnasts O11) Level 2 - U7 (gymnasts U7) Level 2 - U9 (gymnasts U8 and U9) Level 2 - U11 (gymnasts U10 and U11) Level 2 - O11 (all gymnasts O11) Level 3 - U7 (gymnasts U7) Level 3 - U9 (gymnasts U8 and U9) Level 3 - U11 (gymnasts U10 and U11) Level 3 - O11 (all gymnasts O11) Level 4 - Open Age Group Only Level 5 - Open Age Group Only Level 6 - Open Age Group Only Level 7 - Open Age Group Only</p>
Team Rules:	<ul style="list-style-type: none"> • A Team consists of a maximum of 3 members and a minimum of 2 members • Team Sections are above • Each Club may enter as many Teams as they wish in each Age Group • The 2 highest scores of each apparatus will be totalled for the Team Result • No Team ties will be allowed a count-out will be applied
Team Awards:	The best Team per Level per Team Age Group will be awarded a trophy
Judges:	Each Club must provide a minimum of 2 Judges

MEMBERS:

Maureen van Rooyen -(Programme Manager)
Shalene Raath - (admin) Technical, Ninette Duvenhage - Development

Contact us on: maureenvr@vodamail.co.za

Entry Forms and Payment:	<p>Entries will only be accepted if they are on the official Entry Form and they are accompanied by a Proof of Payment.</p> <p>South African Gymnastics Federation Nedbank Branch Cresta Branch Code 191 305 Account Number 191 320 7536</p> <p><u>Payments must be made by the region into the SAGF account using the following reference: REF # 4345 + Club Name/ Region Name</u></p>
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Regards

Shalene Raath
(Admin & Technical)

Ninette Duvenhage
(Development)

Maureen van Rooyen
(SAGF RG Programme Manager)

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