



Western Cape Gymnastics Association

Postal Address: P.O. Box 293 Edgemoed, 7407

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Comprising: Cape Town Gymnastics, Cape Winelands Gymnastics,
Eden Gymnastics, Overberg Gymnastics and West Coast Gymnastics

19 June 2017

South Zone & Club Trophy 2017

Venue: Wynberg Military Base

Date: 23 – 24 June 2017

PROGRAM:

Friday 23 June: **level 2** (101 gymnasts) 3 carpets

14.00 – 15.00	Warm Up
15.00 – 17.00	Competition
17.00 – 18.30	Prize Giving (South Zone & Club Trophy)

Saturday 24 June: **Level 1** (103 gymnasts) 4 carpets

08.00 – 09.00	Warm Up
09.00 – 11.00	Competition
11.00 – 13.30	Prize Giving (South Zone & Club Trophy) (Lunch – Judges)

Saturday 24 June: **Level 3** (103 gymnasts) 4 carpets

12.00 – 13.30	Warm Up
13.30 – 15.30	Competition
15.30 – 17.00	Prize Giving (South Zone & Club Trophy)

Kind regards,
Megan Brinkley
Rhythmic Discipline manager
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President: Anne Vermaak, Vice President: Michelle Kleu, Treasurer: Angelique Portelli
Committee: Warren Buchanan, Eugene de Villiers, Melvin Edwards, Karl Schneeberger, Christo Swanepoel
The Western Cape Gymnastics Association is affiliated to the South African Gymnastics Federation (SAGF)
and the Western Cape Provincial Sport Confederation (WCPSC)

