

Western Cape Gymnastics Association

Postal Address: P.O. Box 293 Edgemead, 7407

www.westerncapegymnastics.com

NPO Registration: Pending

Comprising: Cape Town Gymnastics, Cape Winelands Gymnastics, Eden

Gymnastics and West Coast Gymnastics

MAG LEVEL 1-3 SOUTH ZONE FESTIVAL 2015

Venue: De Jager Sports Complex, Oudsthoorn

Saturday 29TH AUGUST 2015

SESSION	LEVEL	AGE GROUP	TIME	
1	1	Level 1 – 6-7yrs (36)	08:00 - 08:30	GROUPING & GENERAL WARM UP
	(42)	Level 1 – 10-12yrs (6)	08:30 - 10:45	COMPETITION
			11:05	PRIZE GIVING
2	1/2	Level 1 – 8-9yrs (25)	10:20 - 10:50	GROUPING & GENERAL WARM UP
	(42)	Level 2 – 11-13yrs (17)	10:50 - 13:00	COMPETITION
			13:20	PRIZE GIVING
3	2	Level 2 – 7-8yrs (31)	13:15 – 13:45	GROUPING & GENERAL WARM UP
	(52)	Level 2 – 9-10yrs (21)	13:45 – 16:30	COMPETITION
			16:50	PRIZE GIVING
4	3		16:00 – 16:30	GROUPING & GENERAL WARM UP
	(28)	Level 3 – All ages (28)	16:30 – 18:10	COMPETITION
			18:30	PRIZE GIVING

PLEASE BE AT THE VENUE 20 MINS BEFORE REPORT TIME.

