



Western Cape Gymnastics Association

Postal Address: P.O. Box 293 Edgemead, 7407

www.westerncapegymnastics.com

NPO Registration: 142 – 856 NPO

Email: info@wcga.co.za

Comprising: Cape Town Gymnastics, Cape Winelands Gymnastics,
Eden Gymnastics, Overberg Gymnastics and West Coast Gymnastics

MAG Level 4 - 7 District Trials, Level 8-SO and HP3-5 Test
Saturday 5 August 2017
Western Cape Sports School

Competition 1

Level 4 All Ages	24 Gymnasts
Report and General Warm up	08h00 - 08h30
Warm up & Compete	08h30 - 10h30
PrizeGiving	11h00

Competition 2

Level 5 All Ages, Class 1	23 Gymnasts
Report and General Warm up	10h00 - 10h30
Warm up & Compete	10h30 - 13h30
PrizeGiving	14h00

Competition 1

Level 6,7,8,9; HP2,3; Senior Olympic	28 Gymnasts
Report and General Warm up	13h30 - 14h00
Warm up & Compete	14h00 - 17h00
PrizeGiving	17h30