**PROGRAMME OF EVENTS**

**WHAT:** Western Cape Province SAGF Level 1 Coaching RPL Session.

**WHO:** All currently qualified SAGF Level 1 and Level 1 Coaches (qualified 2014 or earlier)

**WHEN**: 12 to 14 February 2016

**WHERE:** VENUE

**DAY ONE: 12 February 2016**

|  |  |  |
| --- | --- | --- |
| **TIME** | **ACTIVITY** | **RESPONSIBLE PERSON** |
| SESSION ONE: | PCD AND COACHING ASSISTANTS  Orientation and Preparation |  |
| 14H00 to 14H30 | Registration of Coaching Assistant RPL candidates | PCD |
| 14h30 to 16H00 | Coaching Assistants orientation meeting | National Director of Coaching |
| 16H00 to 16H30 | TEA BREAK |  |
| 16H30 to 18H00 | Coaching Assistants orientation and preparation meeting for RPL. | PCD |
| 18H00 | End of Session One |  |
| 18H00 | End Day One. |  |

**DAY TWO: 13 February 2016**

|  |  |  |
| --- | --- | --- |
| **TIME** | **ACTIVITY** | **RESPONSIBLE PERSON** |
| SESSION TWO: | PCD AND COACHING ASSISTANTS  Anti-doping and Coach True |  |
| 08h30 TO 09h00 | Registration of candidates | PCD |
| 09H00 to 09H30 | History of anti-doping |  |
| 09H30 to 10H15 | What is doping |  |
| 10H15 to 10H30 | TEA BREAK |  |
| 10H30 to 11H30 | Overview of WADA and it’s regulations (the fight against doping in sport). Coaches in the WADA code. |  |
| 11H30 to 11H45 | TEA BREAK |  |
| 11H45 to 13H00 | The legal issues facing coaches with respect to the new 2015 SA anti-doping rules. Case law (rulings by court of arbitration for Sport) |  |
| 13H00 to 14H00 | LUNCH |  |
| 14H00 to 15H15 | The Coaches tool kit. |  |
| 15H15 to 15H30 | TEA BREAK |  |
| 15H30 to 16H45 | Coach True |  |
| 16H45 | End of Session Two |  |
| 16H45 | End of Day Two |  |

**DAY THREE: 14 February 2016**

|  |  |  |
| --- | --- | --- |
| **TIME** | **ACTIVITY** | **RESPONSIBLE PERSON** |
| SESSION THREE : | PCD AND COACHING ASSISTANTS  Child Protection and Safety |  |
| 08H30 to 09H00 | Registration of Candidates | PCD |
| 09H00 to 10H00 | Introduction to child protection/Safe Play |  |
| 10H00 to 10H30 | Background and overview of Programme child protection/safe play |  |
| 10H30 to 11H15 | Who is responsible for child/participant protection and protocol. |  |
|  | Main forms of abuse and signs of abuse |  |
| 11H15 to 12H00 | TEA BREAK |  |
| 12H00 to 12H45 | Legislation important within the child/participant safety and protection in sport system. Roles and ethical responsibility of the coach. |  |
| 12H45 | End of Session Three |  |
| SESSION FIVE: | PCD AND COACHING ASSISTANCE |  |
| 13H00 to 14H00 | LUNCH |  |
| 14H00 to 14H30 | RPL PCD on one candidate | SASCOC RPL Panel and National Director of Coaching |
| 14H30 to 15H00 | RPL panel debriefing session | SASCOC RPL panel |
| 15H00 onwards | PCD RPL rest of coaching assistants | PCD |

Please note: all coaches being RPL’ed must attend all the sessions scheduled in order to be considered for alignment.

Thank you.

Louis Fourie

National Director of Coaching

South Africa Gymnastics Federation.