

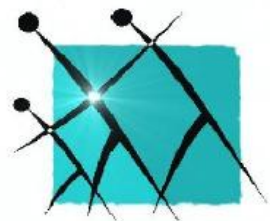
SAGF



South African Gymnastics Federation

Gym for All

Excellence through Participation



2ND SA GYM FOR LIFE CHALLENGE

PROGRAMME

Sunday 2nd October 2016

Western Cape Sports School

Group Warm up	14h45 – 15h30
Evaluators meeting	14h45 – 15h20
Group March on	15h30 – 15h40
Challenge	15h50 – 17h10
Prize giving	17h20 – 17h40

GFA Manager: Caron Henry

GFA PM: Anton Jordaan (Chairperson), Heather Kayton (Technical),
Barbara Murphy (Development)