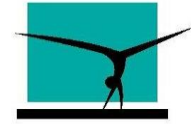




WAG GYM GAMES 2019

UCT, CAPE TOWN

26 - 28 SEPTEMBER 2019



THURSDAY 26 SEPTEMBER		FRIDAY 27 SEPTEMBER		SATURDAY 28 SEPTEMBER	
COMPETITION A	COMPETITION B	COMPETITION A	COMPETITION B	COMPETITION A	COMPETITION B
COMPETITION 1A: LEVEL 7, 11-12 YRS	COMPETITION 1B: LEVEL 4, 11 YRS A	COMPETITION 5A: LEVEL 5, 6 - 9 YRS	COMPETITION 5B: LEVEL 6, 12 YRS	COMPETITION 9A: LEVEL 4, 9 YRS A	COMPETITION 9B: LEVEL 4, 10 YRS A
GROUPING AND GENERAL WARM UP : 07H30	GROUPING AND GENERAL WARM UP : 07H30	GROUPING AND GENERAL WARM UP : 07H30	GROUPING AND GENERAL WARM UP : 07H30	GROUPING AND GENERAL WARM UP : 07H30	GROUPING AND GENERAL WARM UP : 07H30
COMPETITION : 08H00 - 10H30	COMPETITION : 08H00 - 10H30	COMPETITION : 08H00 - 10H15	COMPETITION : 08H00 - 10H15	COMPETITION : 08H00 - 09H45	COMPETITION : 08H00 - 09H45
PRIZE GIVING: 10H45	PRIZE GIVING: 14H15	PRIZE GIVING: 10H30	PRIZE GIVING: 10H30	PRIZE GIVING : 14H00	PRIZE GIVING : 14H00
COMPETITION 2A: CLASS 0 & CLASS 2	COMPETITION 2B: LEVEL 4 11 YRS B	COMPETITION 6A: LEVEL 5, 10 YRS	COMPETITION 6B: LEVEL 5, 13 - 17 YRS & 18+YRS	COMPETITION 10A: LEVEL 4, 9 YRS B	COMPETITION 10B: LEVEL 4, 10 YRS B
GROUPING AND GENERAL WARM UP : 10H15	GROUPING AND GENERAL WARM UP : 10H15	GROUPING AND GENERAL WARM UP : 09H45	GROUPING AND GENERAL WARM UP : 09H45	GROUPING AND GENERAL WARM UP : 09H30	GROUPING AND GENERAL WARM UP : 09H30
COMPETITION : 11H00 - 14H00	COMPETITION : 11H00 - 14H00	COMPETITION : 10H45 - 13H15	COMPETITION : 10H45 - 13H15	COMPETITION : 10H00 - 11H45	COMPETITION : 10H00 - 11H45
PRIZE GIVING: 14H15	PRIZE GIVING: 14H15	PRIZE GIVING: 13H30	PRIZE GIVING: 13H30	PRIZE GIVING : 14H00	PRIZE GIVING : 14H00
LUNCH 14H00-14H30	LUNCH 14H00-14H30	LUNCH 13H15-13H45	LUNCH 13H15-13H45		
COMPETITION 3A: CLASS 1 & LEVEL 7, 6-10 YRS	COMPETITION 3B: LEVEL 7, 13-17 YRS & 18+ YRS	COMPETITION 7A: LEVEL 4, 6 - 8 YRS	COMPETITION 7B: LEVEL 6, 13-17 & 18+ YRS	COMPETITION 11A: LEVEL 4, 9 YRS C	COMPETITION 11B: LEVEL 4, 10 YRS C
GROUPING AND GENERAL WARM UP : 13H45	GROUPING AND GENERAL WARM UP : 13H45	GROUPING AND GENERAL WARM UP : 13H00	GROUPING AND GENERAL WARM UP : 13H00	GROUPING AND GENERAL WARM UP : 11H30	GROUPING AND GENERAL WARM UP : 11H30
COMPETITION : 14H30-17H15	COMPETITION : 14H30-17H15	COMPETITION : 13H45 - 16H45	COMPETITION : 13H45 - 16H45	COMPETITION : 12H00 - 13H45	COMPETITION : 12H00 - 13H45
PRIZE GIVING: 17H30	PRIZE GIVING: 17H30	PRIZE GIVING: 17H00	PRIZE GIVING: 17H00	PRIZE GIVING: 14H00	PRIZE GIVING: 14H00
LUNCH 14H00-14H30	LUNCH 14H00-14H30	LUNCH 13H15-13H45	LUNCH 13H15-13H45	LUNCH 13H45-14H30	LUNCH 13H45-14H30
COMPETITION 4A: LEVEL 8 & 9 ALL AGES	COMPETITION 4B: LEVEL 4, 13 - 17 YRS & 18+ YRS	COMPETITION 8A: LEVEL 6, 11 YRS	COMPETITION 8B: LEVEL 6, 6 - 10 YRS	COMPETITION 12A: LEVEL 4, 12 YRS A	COMPETITION 12B: LEVEL 5, 12 YRS
GROUPING AND GENERAL WARM UP : 17H00	GROUPING AND GENERAL WARM UP : 17H00	GROUPING AND GENERAL WARM UP : 16H30	GROUPING AND GENERAL WARM UP : 16H30	GROUPING AND GENERAL WARM UP : 13H30	GROUPING AND GENERAL WARM UP : 13H30
COMPETITION : 17H45 - 20H15	COMPETITION : 17H45 - 20H15	COMPETITION : 17H15 - 19H00	COMPETITION : 17H15 - 19H00	COMPETITION : 14H15 - 17H00	COMPETITION : 14H15 - 17H00
PRIZE GIVING: 20H30	PRIZE GIVING: 20H30	PRIZE GIVING: 19H15	PRIZE GIVING: 19H15	PRIZE GIVING: 20H15	PRIZE GIVING: 17H15
				COMPETITION 13A: LEVEL 4, 12 YRS B	COMPETITION 13B: LEVEL 5, 11 YRS
				GROUPING AND GENERAL WARM UP : 16H45	GROUPING AND GENERAL WARM UP : 16H45
				COMPETITION : 17H30 - 20H00	COMPETITION : 17H30 - 20H00
				PRIZE GIVING: 20H15	PRIZE GIVING: 20H15
		TECHNICAL ASSEMBLY: 19H30-21H00			
PLEASE TAKE NOTE THAT ALL GYMNASTS MUST REPORT AT THE START OF LISTED GROUPING TIME. COMPETITIONS MAY START EARLY IF ALL COMPETITORS ARE PRESENT					

PLEASE NOTE THE PRIZE GIVING TIMES FOR SECTIONS WHERE THERE ARE MORE THAN ONE COMPETITION FOR THE SAME LEVEL AND AGE.