

# South African Gymnastics Federation Technical Committee

# **ARTISTIC MEN**

04 August 2015

# Circular -15-MAG

TO: All Regions

All Coaches/Clubs/Judges

### MAG – Gym Games – Information

### Provisional Program - Matsport Center, Pretoria

FRIDAY 09 October 2015	SATURDAY 10 October 2015
Session 1 Class HP 1 & 2	Session 4 Serbia Trials – Class 2 (see selection criteria)
08h30 Grouping and General Warm Up	08h30 Grouping and General Warm Up
08h45 Apparatus Warm Up & Competition 11h30 Prize Giving	08h45 Apparatus Warm Up & Competition 11h30 Prize Giving
Session 2 Level 4 9-10	Session 5 5 Level 5 11-12 , 13-14 and 15-17
11h45 Grouping and General Warm Up	11h45 Grouping and General Warm Up
12h00 Apparatus Warm Up & Competition 14h30 Prize Giving	12h00 Apparatus Warm Up & Competition 14h30 Prize Giving
Session 3 Level 4 11-12 and 13-17	Session 6 Level 6 12-13, 14-17 and 18+ Level 7 14-15, 16-17, 18+
14h45 Grouping and General Warm Up	
15h00 Apparatus Warm Up & Competition	14h45 Grouping and General Warm Up
17h30 Prize Giving	15h00 Apparatus Warm Up & Competition 17h30 Prize Giving
18h30 MAG technical assembly (Venue TBA)	171130 F112e Giving

MEMBERS:

Chadwick , Allan

- Program manager & Administration (allan@chadwick.co.za)

Edwards, Melvin Morris, Tyrone Scholtz , Derick  $-\,School's\,\&\,Development\ \, (\underline{head@imaginet.co.za})$ 

- Athlete's Representative (<u>tyrone1511@yahoo.com</u>)

Scholtz , Derick – Technical (<u>derickscholtz@lantic.net</u>)
Winde , Sonja – Judging (<u>admin@judging.co.za</u>)

#### Entry procedure (via provinces):

Please refer to the Levels manual for qualification procedure
Please enter only via on-line entry on registration data base (gymnasts, coaches and judges)
Entry fees = R400 per gymnast, PDI = R200

Closing date for entries & payment is Friday 18th September 2015

#### **Competition format:**

- General warm up: 15 minutes (in grouping area)

Competition: Warm up / Compete format-rotate in FIG order from starting apparatus
 Prize giving: Apparatus medals – 1<sup>st</sup>; 2<sup>nd</sup> and 3<sup>rd</sup> (no matter the number of entries)

All-Around medals – 1st; 2nd and 3rd

- must have competed 6 apparatus

#### **Spectator Entry fee:**

- Adults – R20 - Children – R10

# Friday 11th October MAG Technical Assembly

18:30 to 20:30 Provincial representatives may vote other interested parties may attend – see separate notice , agenda and credential forms – venue TBA

Regards

Allan Chadwick
On behalf of MAG PM