



**Gymnastics Games 2019**  
**Rhythmic Gymnastics**  
**25 - 29 September 2019**



**Wednesday, 25 September 2019**

**Session 1 HP1, HP2**

**Warm-up**  
**Competition**  
**Prize-giving**

**08h00 - 09h30**  
**09h30**  
**±11h00**

HP 1, HP 2				ORDER			
				Panel 1	Panel 2	Panel 1	Panel 2
<b>HP 1</b>				<b>Free</b>	<b>Rope</b>	<b>Ball</b>	<b>Clubs</b>
<b>1</b>	Heulen	Dempsey	EC	1	12	23	34
<b>2</b>	Isabella	Sancho	WC	13	2	35	24
<b>3</b>	Lila	Numanoglu	WC	3	14	25	36
<b>4</b>	Njabulo	Vilakazi	GAU	15	4	37	26
<b>5</b>	Peya	Kashaka	NAM	5	16	27	38
<b>6</b>	Tricha	Richards	NC	17	6	39	28
<b>HP2</b>				<b>Free</b>	<b>Ball</b>	<b>Clubs</b>	<b>Ribbon</b>
<b>7</b>	Dakota	Coetzee	GAU	7	18	29	40
<b>8</b>	Kalea	Meyer	GAU	19	8	41	30
<b>9</b>	Karla	Muller	EC	9	20	31	42
<b>10</b>	Lia	Kufuna	NAM	21	10	43	32
<b>11</b>	Talia	Monastursky	GAU	11	22	33	44



**Gymnastics Games 2019**  
**Rhythmic Gymnastics**  
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**Wednesday, 25 September 2019**

**Session 2 Pre-Junior**

\*\*\* **Lunch**

**Warm-up**  
**Competition**  
**Prize-giving**

**09h30 - 11h30**  
**11h30**  
**±13h00**  
**13h00 - 14h00**

Pre-Juniors				ORDER			
				Panel 1	Panel 2	Panel 1	Panel 2
				Rope	Ball	Clubs	Ribbon
12	Alexia Lisa	Da Silva	GAU	1	12	21	32
13	Jo-Anne	Meldau	WC	11	2	31	22
14	Jorja	Rowland	KZN	3	14	23	34
15	Julia	Tucker	GAU	13	4	33	24
16	Juliette	Leathem	GAU	5	16	25	36
17	Kayla	Lotter	EC	15	6	35	26
18	Kgaogelo	Maake	NW	7	18	27	38
19	Neike	Hirschberg	WC	17	8	37	28
20	Owam	Ntshongelwa	WC	9	20	29	40
21	Zeinab	Kone	GAU	19	10	39	30



**Gymnastics Games 2019**  
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**Wednesday, 25 September 2019**

**Session 3 Junior & Snr Group**

**Warm-up**  
**Competition**  
**Prize-giving**

**12h00 - 14h00**  
**14h00**  
**±15h15**

Junior & Snr Group				ORDER			
				Panel 1	Panel 2	Panel 1	Panel 2
				Rope	Ball	Clubs	Ribbon
22	Adelay	Du Plessis	NW	1	10	29	20
23	Daynah Kelly	Calvert	NC	11	2	21	31
24	Kayla	Rondi	GAU	3	12	32	22
25	Kisha	Samson	NC	13	4	23	33
26	Maia	Luksmidas	GAU	5	14	34	24
27	Mizelle	Terreblanche	NW	15	6	25	35
28	Nia	Muller	GAU	7	16	36	26
29	Willow	Eberle	KZN	17	8	27	37
30	Yulia	Galukhin	WC	9	18	38	28
45	Senior Group		GAU			<b>Rout 1 - 19</b>	<b>Rout 2 - 30</b>
Cawood, Naicker, Cowper, Van Wyk, Mokholoane							



**Gymnastics Games 2019**  
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**Wednesday, 25 September 2019**

**Session 4 Senior**

**Warm-up**  
**Competition**  
**Prize-giving**

**14h00 - 16h00**  
**16h00**  
**±18h00**

	Senior			ORDER			
				Panel 1	Panel 2	Panel 1	Panel 2
				Hoop	Ball	Clubs	Ribbon
31	Alina	Galukhin	WC	1	16	31	45
32	Anthea	Le Roux	GAU	17	2	46	32
33	Azra	Dewan	KZN	3	18	33	47
34	Carmen	Jooste	GAU	19	4	48	34
35	Chante	Du Toit	NW	5	20	35	49
36	Claurette	Oosthuizen	GAU	21	6	50	36
37	Dane	Engelbrecht	GAU	7	22	37	51
38	Danielle	Van Der Merwe	GAU	23	8	52	38
39	Erin Alexis	Wakefield	GAU	9	24	39	53
40	Karlin	Van Tonder	NC	25	10	54	40
41	Lilica	Burger	NW	11	26	41	55
42	Marlize	Venter	NW	27	12	56	42
43	Rinske-Mari	Du Plooy	NC	13	28	43	57
44	Shannon	Gardiner	GAU	29	14	58	44



**Gymnastics Games 2019**  
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**Thursday, 26 September 2019**

**Session 5** Level 9 O 15 & U 13  
 (Hoop & Ball only)

Warm-up  
 Competition  
 Prize-giving

08h00 - 09h30  
 09h30  
 ±11h30

Level 9 O15 & U13				ORDER	
				Panel 1	Panel 2
<b>Over 15</b>				<b>Hoop</b>	<b>Ball</b>
1	Jessica	Goulding	GAU	1	14
2	Josephine Mari	Le Roux	KZN	13	2
3	Lilitha	Landule	WC	3	16
4	Melissa	Bennell	WC	15	4
5	Semonn	Steyn	WC	5	18
6	Tina-Marie	Meyer	GAU	17	6
7	Zeenat	Patel	GAU	7	20
<b>Under 13</b>				<b>Hoop</b>	<b>Ball</b>
8	Dere	Vermeulen	WC	19	8
9	Geneva	Cohen	WC	9	22
10	Jane	Mcmurchie	KZN	21	10
11	Saskia	Lincoln	KZN	11	24
12	Siyanda	Tom	NW	23	12



**Gymnastics Games 2019**  
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**Thursday, 26 September 2019**

**Session 6 Level 9 All**

**Warm-up  
Competition**

**09h00 - 10h30  
10h30**

Note: Session 5 will start with Hoop & Ball for L9 O15 & U13; Session 6 starts with Clubs of L9 O15 & U13 and Hoop of L9 U15; Session 7 continue with Ball & Clubs for Level 9 under 15

	Level 9 All			ORDER	
				Panel 1	Panel 2
				Clubs	Hoop
13	Alexandra	Blatch	GAU	1	
1	Jessica	Goulding	GAU		2
14	Ashleigh	Farr	GAU	3	
2	Josephine Mari	Le Roux	KZN		4
15	Christina	Thirion	WC	5	
3	Lilitha	Landule	WC		6
16	Esther	Ephraim	KZN	7	
4	Melissa	Bennell	WC		8
17	Hilde-Marie	Olivier	NAM	9	
5	Semonn	Steyn	WC		10
18	Jade	Wilson	WC	11	
6	Tina-Marie	Meyer	GAU		12
19	Lebone	Tshetlo	GAU	13	
7	Zeenat	Patel	GAU		14
20	Nandi	Zulu	GAU	15	
8	Dere	Vermeulen	WC		16
21	Rafaella	Ndjapa-Ndamkou	GAU	17	
9	Geneva	Cohen	WC		18
22	Tamara	Meder	WC	19	
10	Jane	Mcmurchie	KZN		20
23	Tiyani	Maswanganyi	GAU	21	
11	Saskia	Lincoln	KZN		22
24	Xera	Vegter Maharajh	GAU	23	
12	Siyanda	Tom	NW		24
25	Zoe	Heenop	WC	25	



**Gymnastics Games 2019**  
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**Thursday, 26 September 2019**

**Session 7 Level 9 U 15**  
**(Ball & Clubs only)**

**Warm-up**  
**Competition**  
**Prize-giving**

**09h00 - 10h30**  
**12h00**  
**±13h00**  
**13h00 - 14h00**

**\*\*\* Lunch**

	Level 9 Under 15			ORDER	
				Panel 1	Panel 2
				Ball	Clubs
13	Alexandra	Blatch	GAU	1	14
14	Ashleigh	Farr	GAU	15	2
15	Christina	Thirion	WC	3	16
16	Esther	Ephraim	KZN	17	4
17	Hilde-Marie	Olivier	NAM	5	18
18	Jade	Wilson	WC	19	6
19	Lebone	Tshetlo	GAU	7	20
20	Nandi	Zulu	GAU	21	8
21	Rafaella	Ndjapa-Ndamkou	GAU	9	22
22	Tamara	Meder	WC	23	10
23	Tiyani	Maswanganyi	GAU	11	24
24	Xera	Vegter Maharajh	GAU	25	12
25	Zoe	Heenop	WC	13	26



**Gymnastics Games 2019**  
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**Thursday, 26 September 2019**  
**Session 8 Level 10**

Warm-up                    12h00 - 14h00  
 Competition              14h00  
 Prize-giving               ±15h30

	Level 10			ORDER		
				Panel 1	Panel 2	Panel 1
				Ball/ Hoop	Clubs	Ribbon
26	Caitlin	Beukes	WC	1	14	1
27	Camilla	Freddy	WC	15	2	2
28	Crystal	Viljoen	KZN	3	16	3
29	Cristina	Chantler	GAU	17	4	4
30	Hannah	Haines	KZN	5	18	5
31	Janke	Heenop	WC	19	6	6
32	Jessica	Shames	GAU	7	20	7
33	Karlien	Van Wyk	NW	21	8	8
34	Kate	Montocchio	KZN	9	22	9
35	Leone	De Jager	WC	23	10	10
36	Mariesa	Potgieter	GAU	11	24	11
37	Romy	Len	GAU	25	12	12
38	Rozel	Coetzee	NW	13	26	13





**Gymnastics Games 2019**  
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**Thursday, 26 September 2019**

**Session 9 Junior (App final)**

Warm-up  
 Competition  
 Prize-giving

14h00 - 16h00  
 16h00  
 ±17h30

Juniors			ORDER			
			Panel 1	Panel 1	Panel 1	Panel 1
			Hoop	Ball	Clubs	Ribbon
Names confirmed after All around Comp						

**Thursday, 26 September 2019**

**Session 10 Senior (App final)**

Warm-up  
 Competition  
 Prize-giving

16h00 - 18h00  
 18h00  
 ±19h30

Seniors (Ind & Group)			ORDER			
			Panel 1	Panel 1	Panel 1	Panel 1
			Hoop	Ball	Clubs	Ribbon
Names confirmed after All around Comp						



**Gymnastics Games 2019**  
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**Friday 27 September 2019**

**Session 11 Level 8 U15**  
**(Free & Rope only)**

**Warm-up**  
**Competition**  
**Prize-giving**

**08h00 - 09h30**  
**09h30**  
**±12h00**

	Level 8 under 15			ORDER	
				Panel 1	Panel 2
				Free	Rope
25	Ashleigh	Prinsloo	KZN	1	20
26	Bridget	Adams	GAU	21	2
27	Hallie	Meth	WC	3	22
28	Isabella	De Sousa	GAU	23	4
29	Jade	Rubin	WC	5	24
30	Katherine	Mccree	WC	25	6
31	Keira	Hutton	WC	7	26
32	Lilia	Miller	WC	27	8
33	Lwandile	Ngcobo	KZN	9	28
34	Mia	Den Ouden	NW	29	10
35	Mia	King	KZN	11	30
36	Mikka	Van Niekerk	WC	31	12
37	Naydine	Jacobs	GAU	13	32
38	Nicole	Fourie	NW	33	14
39	Sumari	Hanekom	WC	15	34
40	Thea	Naidoo	KZN	35	16
41	Wothabo	Nene	GAU	17	36
42	Zimbini	Quza	EC	37	18
43	Zoe	Phumo	GAU	19	38



## Gymnastics Games 2019 Rhythmic Gymnastics 25 - 29 September 2019



**Friday 27 September 2019**

**Session 12 Level 8 U11, U13**

**Warm-up  
Competition**

**09h30 - 11h00  
11h00**

**NOTE: Session 11 will start with FX & Rope for L8U15, then Session 12 will start with Ball for L8U15 and FX for L8U11 & L8U13; Session 13 will then continue with Rope and Ball**

Level 8 U11, U13, U15				ORDER	
				Panel 1	Panel 2
				Ball	Free
25	Ashleigh	Prinsloo	KZN	1	
12	Anabelle	Britton	GAU		2
26	Bridget	Adams	GAU	3	
13	Janice	Seenekal	NW		4
27	Hallie	Meth	WC	5	
14	Jessica	Maritz	GAU		6
28	Isabella	De Sousa	GAU	7	
15	Angelique	Smith	EC		8
29	Jade	Rubin	WC	9	
16	Anna	Joubert	WC		10
30	Katherine	Mccree	WC	11	
17	Dane	Meyer	GAU		12
31	Keira	Hutton	WC	13	
18	Engela	Dempsey	EC		14
32	Lilia	Miller	WC	15	
19	Kiara	Van Schalkwyk	EC		16
33	Lwandile	Ngcobo	KZN	17	
20	Le-Shan	Chabalala	NC		18
34	Mia	Den Ouden	NW	19	
21	Maria	Joubert	WC		20
35	Mia	King	KZN	21	
22	Mieke	Van Niekerk	FS		22
36	Mikka	Van Niekerk	WC	23	
23	Shaye	Robertson	GAU		24
37	Naydine	Jacobs	GAU	25	
24	Zara	Roodt	KZN		26
38	Nicole	Fourie	NW	27	
39	Sumari	Hanekom	WC	28	
40	Thea	Naidoo	KZN	29	
41	Wothabo	Nene	GAU	30	
42	Zimbini	Quza	EC	31	
43	Zoe	Phumo	GAU	32	



**Gymnastics Games 2019**  
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**Friday 27 September 2019**

**Session 13** Level 8 U11, U13  
 (Rope & Ball only)

Warm-up  
 Competition  
 Prize-giving

09h30 - 11h00  
 12h30  
 ±13h30  
**13h30 - 14h30**

\*\*\* **Lunch**

Level 8 U11, U13				ORDER	
				Panel 1	Panel 2
<b>Under 11</b>				<b>Rope</b>	<b>Ball</b>
12	Anabelle	Britton	GAU	1	14
13	Janice	Seenekal	NW	15	2
14	Jessica	Maritz	GAU	3	16
<b>Under 13</b>				<b>Rope</b>	<b>Ball</b>
15	Angelique	Smith	EC	17	4
16	Anna	Joubert	WC	5	18
17	Dane	Meyer	GAU	19	6
18	Engela	Dempsey	EC	7	20
19	Kiara	Van Schalkwyk	EC	21	8
20	Le-Shan	Chabalala	NC	9	22
21	Maria	Joubert	WC	23	10
22	Mieke	Van Niekerk	FS	11	24
23	Shaye	Robertson	GAU	25	12
24	Zara	Roodt	KZN	13	26



**Gymnastics Games 2019**  
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**Friday 27 September 2019**

**Session 14 Level 8 O15**

Warm-up  
 Competition  
 Prize-giving

13h00 - 14h30  
 14h30  
 ±16h00

Level 8 O15				ORDER		
				Panel 1	Panel 1	Panel 2
				Free	Rope	Ball
1	Cecile	Vegter	WC	1	1	12
2	Chane-Mari	Du Plessis	GAU	2	13	2
3	Hannah	Griffith	GAU	3	3	14
4	Ieleen	Kock	NW	4	15	4
5	Jenna-Ann	Cameron	GAU	5	5	16
6	Karla	De Kock	WC	6	17	6
7	Kerin	Norman	WC	7	7	18
8	Marna	Van Der Schyff	NW	8	19	8
9	Mbali	Mbeleko	WC	9	9	20
10	Mphoentle	Mokhele	GAU	10	21	10
11	Ntandokazi	Xulu	KZN	11	11	22

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**Technical Assembly - 17h00**



## Gymnastics Games 2019 Rhythmic Gymnastics 25 - 29 September 2019



### Saturday, 28 September 2019

#### Session 15 Level 4 (3 strips)(9 panels of judges)

<b>Group 1, 2 and 3</b>	Warm-up	08h00 - 09h00
	Competition	09h00
<b>Group 4, 5 and 6</b>	Warm-up	09h00 - 10h00
	Competition	10h00
<b>Group 7, 8 and 9</b>	Warm-up	10h00 - 11h00
	Competition	11h00
<b>Group 10, 11 and 12</b>	Warm-up	11h00 - 12h00
	Competition	12h00
	Prize-giving	±13h00
(due to limited space, gymnasts from different groups will leave the hall and return for prize giving)		
***	Lunch	13h00 - 14h00

Level 4											
	GROUP 1				GROUP 2				GROUP 3		
	Level 4 under 9				Level 4 under 11				Level 4 under 13		
<b>126</b>	Akira	Sato	WC	<b>8</b>	Abegail	Egumbo	NAM	<b>60</b>	Alexia	Ludi	WC
<b>127</b>	Almone	Bosch	KZN	<b>9</b>	Amy	Mcwilliam	WC	<b>61</b>	Amarise	Miller	WC
<b>128</b>	Angela	Mofokeng	NC	<b>10</b>	Anien	Coetsee	GAU	<b>62</b>	Amy Grace	Dickin	KZN
<b>129</b>	Caryne	Adams	NAM	<b>11</b>	Anique	Badenhorst	WC	<b>63</b>	Ane	Roos	WC
<b>130</b>	Chante	Botma	NW	<b>12</b>	Ava	Sherry	WC	<b>64</b>	Arabella	Addison	WC
<b>131</b>	Claudette	Rubios	NAM	<b>13</b>	Bonolo	Luthuli	NW	<b>65</b>	Ariana-Elena	Dinu	MPU
<b>132</b>	Eliana	Joubert	GAU	<b>14</b>	Caitlin	Thompson	KZN	<b>66</b>	Athena	Moraitis	GAU
<b>133</b>	Erin	Kruger	WC	<b>15</b>	Caliska	Smith	EC	<b>67</b>	Bethany	Branch	NAM
<b>134</b>	Eunice	VD Westhuizen	GAU	<b>16</b>	Chiara	Muller	GAU	<b>68</b>	Celine	So	GAU
<b>135</b>	Grace	Hutton	WC	<b>17</b>	Christabel	Mutsekwa	GAU	<b>69</b>	Charlize	Karimi	WC
<b>136</b>	Jialin	Zeng	WC	<b>18</b>	Coretha	Heunis	FS	<b>70</b>	Ciara	Klein	NC
<b>137</b>	Kara	Steenkamp	NC	<b>19</b>	Danielle	Chandler	KZN	<b>71</b>	Cione	Botha	GAU
<b>138</b>	Leah	Little	WC	<b>20</b>	Dominique	Moore	GAU	<b>72</b>	Clara	Lindeque	GAU
<b>139</b>	Marle`	Jvrensborg	WC	<b>21</b>	Else Marie	Meades	GAU	<b>73</b>	Dane	Badenhorst	NW



**Gymnastics Games 2019**  
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GROUP 4				GROUP 5				GROUP 6			
Level 4 under 9				Level 4 under 11				Level 4 under 13			
140	Mbali	Farr	GAU	22	Emily	Van Litsenborgh	WC	74	Daniella	Muir	GAU
141	Mpho	Mutavhatsindi	GAU	23	Emma	Frank	KZN	75	Danielle	Kasselmann	LIM
142	Naluthando	Mbelu	KZN	24	Erin Grace	Kelsey	GAU	76	Dimique	Strauss	NAM
143	Oagile	Tema	GAU	25	Estee	Mildenhall	EC	77	Emily	Impson	KZN
144	Ozina	Ndindwa	WC	26	Gabriella	Dos Santos	EC	78	Emma	Steenkamp	EC
145	Sanelle	Vuuren	NAM	27	Gabrielle	Jacobs	NC	79	Erin	Mccalghan	KZN
146	Thato	Modise	NC	28	Halle Claire	Thomas	GAU	80	Gemma	Naude	KZN
147	Zinathi-Futhi	Mdludlu	NW	29	Hannah	De Villiers	WC	81	Henriette	Fouche	NW
148	Ziyanda	Ndzilili	NC	30	Karina	Uusiku	NAM	82	Hilda	Nangula	NAM
149	Zoey	Mhlungu	KZN	31	Kechia	De Koe	NAM	83	Imanathi	Kika	NC
150	Zoey	Seppings	KZN	32	Khira	Botha	NC	84	Janine	Tajjaard	LIM
				33	Kiara	Levy	WC	85	Kaitlin	Le Roux	GAU
				34	Kristen	Hansen	GAU	86	Karabo	Mashamaite	LIM
				35	Laetitia	Schulz	GAU	87	Kendra	Tongue	KZN
GROUP 7				GROUP 8				GROUP 9			
Level 4 under 15				Level 4 under 11				Level 4 under 13			
109	Alida	Roux	WC	36	Lea Marcelle	Basson	WC	88	Khwezilokusa	Ndlazi	GAU
110	Anlu	Landsdel	LIM	37	Leichen	Pullen	GAU	89	Kitso	Mashodi	NC
111	Anneliese	Adams	KZN	38	Lene	Cloete	WC	90	Kristin	Petersen	WC
112	Boitumelo	Molaudi	GAU	39	Linzy	De Jager	WC	91	Lamia	De Beer	GAU
113	Bontle	Lenkoe	NC	40	Lisa	Mbhamali	KZN	92	Lam'Or	Mpala	GAU
114	Carol	Terblanche	EC	41	Lize	Greef	GAU	93	Lisa	Cho	WC
115	Kabwe	Daka	NC	42	Lova	Voesenek	NAM	94	Martine	Cilliers	WC
116	Luyanda	Khuzwayo	KZN	43	Madison	Van Niekerk	GAU	95	Mathabo	Moroeng	GAU
117	Marianna	Lourens	NW	44	Maya	Marsden	NC	96	Matshapo	Sekwaila	LIM
118	Nicole	Swart	GAU	45	Minki	Grobbelaar	WC	97	Meeka	Stott	WC
119	Palesa	Mtshali	KZN	46	Mmatapa	Mamabolo	LIM	98	Missy	Tambatamba	GAU
120	Patience	Mudau	NC	47	Molly	Barnes	GAU	99	Nicole	Mcthomas	WC
121	Sarah-Leigh	Thompson	EC	48	Monya	Watermeyer	EC	100	Nina	Gaspar	KZN
122	Summer	Steyn	MPU	49	Nickela	Loest	EC	101	Ntando	Zuma	KZN



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	GROUP 10				GROUP 11				GROUP 12		
	Level 4 under 9				Level 4 under 11				Level 4 under 13		
123	Taylor	Brooks	WC	50	Nika	Oosthuizen	LIM	102	Shantay	Hainyanyala	NAM
124	Zama	Hadebe	KZN	51	Nongcebo	Mngomezulu	KZN	103	Shayne	Cotton	WC
125	Zara	Laljee	KZN	52	Onkutiwile	Ratlou	NW	104	Tatiana	Dos Santos	GAU
	Level 4 over 15										
1	Carleigh	Williams	NC	53	Phallen	Van Neel	WC	105	Tehillah	Mlondobozi	GAU
2	Eldre	De Swardt	WC	54	Reatlegile	Ledwaba	LIM	106	Unomuindjo	Hiko	NAM
3	Kayla	Campbell	GAU	55	Rene Amor	De Wit	WC	107	Willow	Petersen	WC
4	Lara	Phillips	NC	56	Sarome	Du Plessis	LIM	108	Xenia	Mmclachlan	WC
5	Precious	Maja	LIM	57	Sisipho	Mbaru	WC				
6	Sarah	Britz	GAU	58	Sisipho	Mzele	GAU				
7	Tyla-Anne	Dibb	MPU	59	Tannah	Kendall	KZN				





**Gymnastics Games 2019**  
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**Saturday, 28 September 2019**

**Session 16 Groups**

**Warm-up**  
**Competition**  
**Prize-giving**

**12h30 - 14h00**  
**14h00**  
**±14h50**

**Note: Warm-up includes a 5 minute session per group on the competition carpet**

Free Groups			
Group 1	Infinity RG	Cape Wine	WC
Group 2	Schick	C o CT	WC
Ball Groups			
Group 3	Aerials GC	C o JHB	GAU
Group 4	Aerials GC	C o JHB	GAU
Group 5	All Starz A	NMBM	EC
Group 6	Empress RG	Ekurhuleni	GAU
Group 7	Fusion RGC	eThekwini	KZN
Group 8	Glenwood GC	eThekwini	KZN
Group 9	Ocean RG	eThekwini	KZN
Group 10	Ocean RG	eThekwini	KZN
Group 11	Ocean RG	eThekwini	KZN
Group 12	St Mary's	C o JHB	GAU
Group 13	Windhoek		NAM
Clubs Groups			
Group 14	Dynamic RGC	C o CT	WC
Group 15	Dynamic RGC	C o CT	WC
Group 16	Fusion RGC	eThekwini	KZN
Group 17	Glenwood GC	eThekwini	KZN
Group 18	Ocean RG	eThekwini	KZN
Group 19	R Salaagh	C o CT	WC
5 pairs Clubs Group			
Group 20	All Starz A	NMBM	EC



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**Saturday, 28 September 2019**

<b>Session 17</b>	<b>Level 7 (2 carpets)(6 panels of judges)</b>		
	<b>Group 1 and 2</b>	<b>Warm-up</b>	<b>14h30 - 15h30</b>
		<b>Competition</b>	<b>15h30</b>
	<b>Group 3 and 4</b>	<b>Warm-up</b>	<b>15h30 - 16h30</b>
		<b>Competition</b>	<b>16h30</b>
	<b>Group 5 and 6</b>	<b>Warm-up</b>	<b>16h30 - 17h30</b>
		<b>Competition</b>	<b>17h30</b>
		<b>Prize-giving</b>	<b>±18h30</b>

Level 7							
GROUP 1				GROUP 2			
Level 7 under 15				Level 7 under 13			
46	Abigail	Benade	WC	17	Alyssa	Donninger	WC
47	Alana	Theron	WC	18	Amber	Kings	GAU
48	April	Kallis	WC	19	Amy	Young	KZN
49	Bericia	Le Roux	KZN	20	Bianca	Schmulian	GAU
50	Ella	Goddard	WC	21	Calandra	Du Toit	GAU
51	Ferosa	Albertus	NC	22	Elri	Joubert	GAU
52	Gizelle	Van Ryneveld	KZN	23	Emma	Farr	GAU
53	Isabella	Nagel	WC	24	Hannah	Bendel	WC
54	Lara	Poulter	WC	25	Isabella	De Sousa	WC
55	Lize	Van Rooyen	WC	26	Jenessa	Tredoux	WC
56	Marieke	Nel	NC	27	Jennifer	Du Plessis	GAU



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GROUP 3				GROUP 4			
<b>Level 7 under 15</b>				<b>Level 7 under 13</b>			
57	Marlis	Gerber	NAM	28	Joanna	Moore	GAU
58	Micaela	Wood	LIM	29	Kayla-Jane	Oosthuizen	EC
59	Micah	Prange	GAU	30	Kirsten	Venter	GAU
60	Ninah	Muller	WC	31	Kylie	Meinert	NAM
61	Rebecca	Postma	GAU	32	Kyra	Zinn	KZN
62	Rieze	Scholtz	WC	33	Lane	Kruger	LIM
63	Tshepiso	Dikgetsi	NC	34	Layla	Erasmus	WC
<b>Level 7 under 11</b>							
9	Annika	Silver	NAM	35	Leah	Faurholm	WC
10	Hannah	Borchardt	WC	36	Leah	Van Eden	WC
11	Jana	Ross	FS	37	Lene	Faurie	NW
12	Leanne	Whitman	WC	38	Mariam	Halday	WC
GROUP 5				GROUP 6			
<b>Level 7 under 11</b>				<b>Level 7 under 13</b>			
13	Modesty	Jacobs	WC	39	Nikita	Mqokeli	WC
14	Nicole	Du Plessis	GAU	40	Olivia	Klerck	WC
15	Owethu	Jaca	WC	41	Owethu	Lurwengu	GAU
16	Santiago	Jocker	NC	42	Penelope	Retief	WC
<b>Level 7 over 15</b>							
1	Ashton	Hanna	KZN	43	Rachel	Pelser	WC
2	Bianca	Els	GAU	44	Ruby	Petersen	WC
3	Carmen	Booyens	WC	45	Sinoxolo	Kosi	EC
				<b>Level 7 under 9</b>			
4	Daniel	Venter	WC	64	Isabel	Van Niekerk	WC
5	Kyara	Hughes	KZN				
6	Lee	Riley	MPU				
7	Ludzi	Aprin	FS				
8	Taya	Pearson	WC				



## Gymnastics Games 2019 Rhythmic Gymnastics 25 - 29 September 2019



### Sunday, 29 September 2019

#### **Session 18** Level 5 (3 strips)(9 panels of judges)

<b>Group 1, 2 and 3</b>	<b>Warm-up</b>	<b>08h00 - 09h00</b>
	<b>Competition</b>	<b>09h00</b>
<b>Group 4, 5 and 6</b>	<b>Warm-up</b>	<b>09h00 - 10h00</b>
	<b>Competition</b>	<b>10h00</b>
<b>Group 7, 8 and 9</b>	<b>Warm-up</b>	<b>10h00 - 11h00</b>
	<b>Competition</b>	<b>11h00</b>
<b>Group 10 and 11</b>	<b>Warm-up</b>	<b>11h00 - 12h00</b>
	<b>Competition</b>	<b>12h00</b>
	<b>Prize-giving</b>	<b>±12h45</b>

(due to limited space, gymnasts from different groups will leave the hall and return for prize giving)

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**Lunch 12h45 - 13h45**

Level 5											
	GROUP 1				GROUP 2				GROUP 3		
	Level 5 under 11				Level 5 under 13				Level 5 under 15		
<b>9</b>	Abbygail	Denyschen	GAU	<b>49</b>	Alexandra	Seale	WC	<b>96</b>	Amber-Leigh	Mills	LIM
<b>10</b>	Alex	Ince	WC	<b>50</b>	Alishia	Middleton	GAU	<b>97</b>	Anel	De Lange	GAU
<b>11</b>	Athena	Tzimas	GAU	<b>51</b>	Amor	Maletzky	NAM	<b>98</b>	Asekhona	Thinta	GAU
<b>12</b>	Ava	Moore	KZN	<b>52</b>	Anche	De Beer	GAU	<b>99</b>	Asemahle	Thinta	GAU
<b>13</b>	Caitlin	Scorgie	GAU	<b>53</b>	Anja	De Villiers	WC	<b>100</b>	Courtney Joy	Smith	KZN
<b>14</b>	Cassidy	Lubbe	WC	<b>54</b>	Asekho	Vena	NW	<b>101</b>	Eva	Delarentis	GAU
<b>15</b>	Christina	Graham	WC	<b>55</b>	Ayanda	Shongwe	KZN	<b>102</b>	Gizelle	Van Niekerk	NW
<b>16</b>	Crystal	King	WC	<b>56</b>	Azile	Ntombela	GAU	<b>103</b>	Heike- Louise	Hechter	FS
<b>17</b>	Daniela	Viljoen	WC	<b>57</b>	Bailey	Mulholland	WC	<b>104</b>	Jessica May	Wetherill	KZN
<b>18</b>	Danni Tayla	Vermaak	GAU	<b>58</b>	Cailyn	Bester	GAU	<b>105</b>	Karlie	Booyesen	GAU
<b>19</b>	Dorothy	De Lange	LIM	<b>59</b>	Elizna	Heymans	EC	<b>106</b>	Kay-Lee	Kruger	WC
<b>20</b>	Elizabeth	Nicol	EC	<b>60</b>	Ella	Molema	WC	<b>107</b>	Kewarona	Sefatthe	GAU
<b>21</b>	Emily	Richards	WC	<b>61</b>	Emily	Hanekom	WC	<b>108</b>	Kiara	Van Wyk	NC
<b>22</b>	Emma	Swanepoel	WC	<b>62</b>	Gabriella	Johannes	NAM	<b>109</b>	Lara	Goodchild	GAU



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GROUP 4				GROUP 5				GROUP 6			
Level 5 under 11				Level 5 under 13				Level 5 under 15			
23	Enya	Burger	NAM	63	Holly	French	WC	110	Melissa	Mostert	MPU
24	Erin	Balie	WC	64	Ibanathi	Sosibo	KZN	111	Mercy-Grace	Katz-Hulana	NC
25	Halelluya	Getahun	GAU	65	Isabella	Jefferies	WC	112	Nika	Du Plessis	GAU
26	Ina	Mai	NAM	66	Ishayvani	Kahimise	NAM	113	Reece	Williams	GAU
27	Isabella	Nel	GAU	67	Jaime	Zetler	WC	114	Sherice	Gilliland	MPU
28	Janke	Samuelson	NAM	68	Joelle	Baker	LIM	115	Siannah	Kaka	GAU
29	Jodi	Lumgair	NW	69	Kiezia	Joseph	NC	116	Taylor	Home	KZN
30	Jorja	Lavigne	WC	70	Kika	Olivier	WC				
31	Kate	Muller	WC	71	Kwezi	Lubisi	LIM				
32	Katherine	Deacon	GAU	72	Lauren Nicole	Wetherill	KZN				
33	Kima	Strydom	EC	73	Lene	Reyneke	GAU				
34	Lana	Venter	WC	74	Ludene Jade	Coetzee	NC				
35	Leanne	Fourie	NW	75	Meera	Luksmidas	GAU				
36	Leigh	Damoense	NC	76	Mia	VD Merwe	WC				
GROUP 7				GROUP 8				GROUP 9			
Level 5 under 11				Level 5 under 13				Level 5 over 15			
37	Lene	Cloete	NAM	77	Miya	Hulme	GAU	1	Caitlin	Lam	GAU
38	Liane	Van Biljon	FS	78	Mutshidzi	Malumedzha	LIM	2	Cor-Lee	Van Der Walt	MPU
39	Lu-Jah	Olivier	GAU	79	Nandipha	Mfundisi	GAU	3	Day-Lynn	Finnis	FS
40	Mia	De Wet	WC	80	Olinka	Botma	NW	4	Elzane	Gilliland	MPU
41	Mieke	Venter	GAU	81	Paige	Cotterell	KZN	5	Mizpah	Potgieter	WC
42	Olivia	Harding	KZN	82	Paula	Graaff	WC	6	Nothamsanga	Stephen	GAU
43	Oratile	Moumakwa	KZN	83	Kayleigh	Hitzeroth	EC	7	Petru	Booyesen	FS
44	Precious	Kashima	NAM	84	Shannon	Barnard	GAU	8	Zoe	Magwaza	WC
45	Sabrina	Zetler	WC	85	Sibahle	Masango	KZN				
46	Simthandile	Thusi	GAU	86	Siphehile	Ndzilili	NC				
47	Tshiamo	Mafata	GAU	87	Sunandi	Brunswick	GAU				
48	Zinhle	Lamula	GAU	88	Sune	Deacon	FS				
				89	Sune	Venter	GAU				
				90	Tara	Mc Cosh	WC				



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GROUP 10				GROUP 11			
Level 5 under 9				Level 5 under 13			
117	Alyssa	Rugg	GAU	91	Thato	Moeno	LIM
118	Karla	Fourie	GAU	92	Zazzie	Henderson	WC
119	Lenay	Smith	EC	93	Ziyanda	Jafta	GAU
120	Micaylah	Sevelus	NAM	94	Zoe	Hughes	KZN
121	Tammy	Boys	WC	95	Zurika	JV Nieuwenhuizen	GAU
122	Unothando	Genge	NC				
123	Zsa-Rae	Valla	NC				

**Sunday, 29 September 2019**

**Session 19** Level 6 (2 carpets)(6 panels of judges)

<b>Group 1 and 2</b>	<b>Warm-up</b>	<b>13h00 - 14h00</b>
	<b>Competition</b>	<b>14h00</b>
<b>Group 3 and 4</b>	<b>Warm-up</b>	<b>13h50 - 14h50</b>
	<b>Competition</b>	<b>14h50</b>
<b>Group 5 and 6</b>	<b>Warm-up</b>	<b>14h40 - 15h40</b>
	<b>Competition</b>	<b>15h40</b>
<b>Group 7 and 8</b>	<b>Warm-up</b>	<b>15h30 - 16h30</b>
	<b>Competition</b>	<b>16h30</b>
	<b>Prize-giving</b>	<b>±17h30</b>

Level 6							
GROUP 1				GROUP 2			
Level 6 under 11				Level 6 under 13			
6	Alet	Bezuidenhout	EC	24	Abigail	Du Preez	GAU
7	Aletheia	Swart	GAU	25	Abongile	Mungwe	KZN
8	Amia	Fernandes	NAM	26	Allegra	Thirion	WC
9	Amy Rose	George	KZN	27	Allene	Albertyn	LIM
10	Anna	Castle	WC	28	Arrin	Moor	WC
11	Anna	Lipchin	GAU	29	Arya	Jugemarth	KZN
12	Danine	Derks	NAM	30	Caitlin	Groves	WC
13	Delrike	Maritz	NW	31	Caitlyn	Govender	GAU
14	Jana	Geldenhuis	EC	32	Caitlyn	Rust	NAM
15	Lise	Bruwer	WC	33	Dane	Wille	FS
16	Lucy	Walker	WC	34	Danelle	Van Der Merwe	GAU



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GROUP 3				GROUP 4			
Level 6 under 11				Level 6 under 13			
17	Molebogeng	Pitje	GAU	35	Demi	Mcgrath	EC
18	Naomi	Raad	NAM	36	Emily	Muller	WC
19	Onkgopotse	Saul	NC	37	Erin-Jordan	Tomlinson	KZN
20	Riandi	Barnard	GAU	38	Indi	Dywili	WC
21	Symran	Moodley	KZN	39	Inge	Wolvaart	NW
22	Vuyiswa	Dikgetsi	NC	40	Jessica	Shorter	WC
23	Zalike	Pienaar	NW	41	Katienka	Nolte	WC
Level 6 under 15							
63	Alyx	Du Toit	WC	42	Klara	Pretorius	LIM
64	Amelia	Grobler	GAU	43	Lana	Boys	WC
65	Amelie	Cloete	GAU	44	Lara	VD Westhuyzen	WC
66	Audri	Mcgregor	WC	45	Lourike	Brand	EC
GROUP 5				GROUP 6			
Level 6 under 15				Level 6 under 13			
67	Charmonix	Brentot	GAU	46	Manuela	Kakulote	NAM
68	Clara	Campbell	WC	47	Mckayla	Kitshoff	EC
69	Hestia	Schalkwyk	NAM	48	Melchizedek	Maponya	LIM
70	Jessica	Barratt	WC	49	Minke	Botha	WC
71	Kaila	Lameyer	NC	50	Mohale	Magerman	WC
72	Kara	M-V Schalkwyk	NW	51	Mosidi	Kgaswe	GAU
73	Kgansi	Mohlala	LIM	52	Nadia	Bruyns	GAU
74	Khanya	Mhlungu	KZN	53	Nicole	Voulgarellis	WC
75	Khethelo	Malevu	GAU	54	Rotondwa	Maudu	LIM
76	Leah	Du Toit	WC	55	Ruth	Kesene	KZN
77	Lesedi	Mochela	GAU	56	Sulize-Marie	Nel	NC
GROUP 7				GROUP 8			
Level 6 under 15				Level 6 under 13			
78	Maria	Olmos	GAU	57	Tamsin Nicole	De Villiers	WC
79	Marlize	Crous	WC	58	Teegan	Gezane	KZN
80	Nadine	Casper	NC	59	Vanessa	Potgieter	GAU
81	Perez	Maponya	LIM	60	Wida	Wilders	NAM
82	Sione	Van Rooyen	GAU	61	Yaya	Mabaso	GAU
83	Sisonke	Rigala	WC	62	Zeldie	Venter	GAU
84	Thulisile	Sithebe	NC				
Level 6 under 9				Level 6 over 15			
85	Jeanne-Marié	Kitshoff	GAU	1	Karla	Vorster	LIM
86	Kristen	Hannie	GAU	2	Lourenca	Samakupa	NAM
				3	Micayla	Jacobs	WC
				4	Paola	Broekman	GAU
				5	Shamara	Perumal	EC