

CAPE TOWN GYMNASTICS ASSOCIATION CALENDAR 2018



| CTGA EXECUTIVE CONTACT DETAILS | |
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| President | ctgapresident@gmail.com |
| Secretary | ctgasecretary@gmail.com |
| NATIONAL AND PROVINCIAL CONTACT DETAILS | |
| SAGF | info@sagf.co.za |
| WCGA | info@wcga.co.za |
| SCHOOLS WCGA - Kelly Haumann | schools@wcga.co.za |
| SCHOOLS CTGA - Ilke Pasqualli | ctgaschools@gmail.com |

| CTGA PM CONTACT DETAILS | | EMAIL |
|----------------------------|---------------------|--|
| Womens Artistic Gymnastics | Natalie Hobbs | ctgawag@gmail.com |
| Mens Artistic Gymnastics | Justin Hall | ctgamag@ctga.com |
| Acrobatic Gymnastics | Marilyn Julies | ctgaacro@gmail.com |
| Rope Skipping | Masi Felani | ctgaropeskipping@gmail.com |
| Rhythmic Gymnastics | Kim Reeve | ctgarhythmic@gmail.com |
| Gymnastics for All | Brigitta Jaffer | ctgagymforall@gmail.com |
| Trampoline and Tumbling | Brendon van Niekerk | ctgatrapline@gmail.com |

| March | | Discipline | For? | Cost | Place | Contact Person |
|------------------|----------------------------------|---------------------|----------------------|---------------------------------|--------------------------|--|
| 10-11 March 2018 | WCGA GL Course | ALL | ALL | R550 - All Categories (A,B,C,D) | Excel Gymnastics Club | Sonja: info@wcga.co.za |
| 14 March 2018 | SAGF GFA Fitness 4x4 Launch | ALL | ALL | Free | National Launch | Marty: marty@sagf.co.za |
| 17 March 2018 | CTGA: AV and Dance Step Workshop | Rhythmic Gymnastics | Coaches | | Van der Stel | ctgarhythmic@gmail.com |
| 16-Mar-18 | WCGA MAG: Judges Rewrite exam | MAG | MAG Judges Level 1-3 | No Cost | Fish Hoek Primary, 6-7pm | ctgamag@gmail.com |
| 24 March 2018 | CTGA: Level 1 Judges Course | Rhythmic Gymnastics | ALL | TBC | Cape Town - Venue TBC | ctgarhythmic@gmail.com |

| APRIL | | Discipline | For? | Cost | Place | Contact Person |
|------------------|--|--|---------------------|--|---|--|
| 12-14 April 2018 | CTGA: Level 3 Judges Course | Rhythmic Gymnastics | Qualified L2 Judges | TBC | Stellenbosch - Venue TBC | ctgarhythmic@gmail.com |
| 21 April 2018 | CTGA: Ready or not - Level 1-3 All routines and Level 4+ Free Dance only | KRDC Rhythmic Gymnastics | Gymnasts Level 1-4 | TBC | Hottentots Holland High School | ctgarhythmic@gmail.com |
| 21-Apr-18 | Club Competition by Mega Gymnastics: Ready or Not | MAG and WAG | Gymnasts Level 1-3 | CAT A = R100; CAT C = R60 | Mega Gymnastics Academy, 27 Kiara House, 3rd Street, Montague Gardens | lindsaybucks@mweb.co.za |
| 25 April 2018 | CTGA Annual General Meeting | ALL: Exco, Board, PMs, Members, Gymnasts | CTGA District | N/A | TBC | ctgapresident@gmail.com |
| 28 April 2018 | CTGA: TRA District Trials | Trampoline and Tumbling | Gymnasts Level 1-3 | 1st Event : CAT A = R220; CAT C = R110 / 2nd Event: CAT A = R60; CAT C = R30 | Eversdal Gymnastics Club | ctgatrapline@gmail.com |
| 28 April 2018 | CTGA: Level 2 Judges Course | Rhythmic Gymnastics | Qualified L1 Judges | TBC | Stellenbosch - Venue TBC | ctgarhythmic@gmail.com |

| MAY | | Discipline | For? | Cost | Place | Contact Person |
|----------------|--|----------------------------------|--------------------|----------------------------|------------------------------------|---|
| 05 May 2018 | CTGA: Ready or not - Level 4 and up, Groups - All routines | Cape Olympia Rhythmic Gymnastics | Gymnasts Level 4+ | TBC | Bellville - Venue TBC | ctgarhythmic@gmail.com |
| 05 May 2018 | Club Competition by Wasabi Acro Gymnastics Club | Acrobatic Gymnastics | All levels | TBC | Cedar High School, Mitchells Plain | wasabisportsclub@gmail.com |
| 11-12 May 2018 | CTGA: MAG and WAG District Trials | MAG and WAG | Gymnasts Level 1-3 | CAT A = R220; CAT C = R110 | Eversdal Gymnastics Club | ctgawag@gmail.com / ctgamag@gmail.com |
| 12 May 2018 | CTGA: RG District Trials | Rhythmic Gymnastics | Gymnasts Level 1-3 | CAT A = R220; CAT C = R110 | Hottentots Holland High School | ctgarhythmic@gmail.com |
| 26 May 2018 | CTGA: ACRO District Trials | Acrobatic Gymnastics | Gymnasts Level 1-3 | CAT A = R220; CAT C = R110 | Zwaanswyk Academy, Tokai | ctgaacro@gmail.com |
| 26 May 2018 | CTGA: GymForLife Trials | Gymnastics For All | All levels | CAT A = R60; CAT C = R40 | Zwaanswyk Academy, Tokai | ctgagymforall@gmail.com |
| 26 May 2018 | CTGA: Ready or not - Level 4+ and Groups - Apparatus only | Rhythmic Gymnastics | Gymnasts Level 4+ | TBC | Hottentots Holland High School | ctgarhythmic@gmail.com |
| 26 May 2018 | CTGA: RS District Trials | Rope Skipping | All Levels | CAT A = R220; CAT C = R110 | Wynberg Military Base | ctgaropeskipping@gmail.com |

| JUNE | | Discipline | For? | Cost | Place | Contact Person |
|-----------------------|---|-------------------------|---------------------|--|--|--|
| 02 June 2018 | CTGA: Reach Invitational | Rhythmic Gymnastics | Gymnasts Level 1-3 | TBC | Piketberg | ctgarhythmic@gmail.com |
| 02 June 2018 | Club Competition by Wynland Gymnastics: Medal Mania | WAG | Gymnasts Level 1-3 | R130 per gymnast (All categories) | Wynland Gymnastics Club, Du Toit Street, Paarl | wynlandgym@gmail.com |
| 8-9 June 2018 | CTGA: TRA District Trials | Trampoline and Tumbling | Gymnasts Level 4+ | 1st Event : CAT A = R220; CAT C = R110 / 2nd Event: CAT A = R60; CAT C = R30 | Eversdal Gymnastics Club | ctgatrapline@gmail.com |
| 17 June 2018 | CTGA: ACRO District Trials | Acrobatic Gymnastics | Gymnasts Level 4+ | CAT A = R220; CAT C = R110 | Eversdal Gymnastics Club | ctgaacro@gmail.com |
| 22-23 June 2018 | South Zone: Rhythmic Gymnastics | Rhythmic Gymnastics | Gymnasts Level 1-3 | TBC | Wynberg Military Base | ctgarhythmic@gmail.com |
| 22-24 June 2018 | South Zone: MAG and WAG | MAG and WAG | Gymnasts Level 1-3 | TBC | TBC | info@sagf.co.za |
| 30 June - 4 July 2018 | USSA | MAG, WAG, RG, TRA | University Gymnasts | TBC | UCT Sports Centre | uct.gymnastics@gmail.com |

| JULY | | Discipline | For? | Cost | Place | Contact Person |
|-----------------|-----------------------------------|---------------------|--------------------|----------------------------|--------------------------------|---|
| 23 July 2018 | RG PM Meeting - ALL Districts | Rhythmic Gymnastics | Programme Managers | | Stellenbosch - Venue TBC | ctgarhythmic@gmail.com |
| 27-28 July 2018 | CTGA: RG District Trials | Rhythmic Gymnastics | Gymnasts Level 4+ | CAT A = R220; CAT C = R110 | Hottentots Holland High School | ctgarhythmic@gmail.com |
| 26-29 July 2018 | CTGA: MAG and WAG District Trials | MAG and WAG | Gymnasts Level 4+ | CAT A = R220; CAT C = R110 | Eversdal Gymnastics Club | ctgawag@gmail.com / ctgamag@gmail.com |

| AUGUST | | | | | | |
|-------------------|------------------------------------|-------------------------|-------------------|------|----------------------------|---|
| Date | Event | Discipline | For? | Cost | Place | Contact Person |
| 10-11 Aug 2018 | WC Champs: TRA and TU | Trampoline and Tumbling | Gymnasts Level 4+ | TBC | Eversdal Gymnastics Club | ctgatrapoline@gmail.com |
| 16-19 Aug 2018 | WC Champs: Mag, WAG, Rope Skipping | MAG, WAG, Rope Skipping | Gymnasts Level 4+ | TBC | Western Cape Sports School | ctgawag@gmail.com / ctgamag@gmail.com |
| 31 Aug - 1 Sep 18 | WC Champs: Rhythmic Gymnastics | Rhythmic Gymnastics | Gymnasts Level 4+ | TBC | Wynberg Military Base | ctgarhythmic@gmail.com |
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| SEPTEMBER | | | | | | |
|-----------|-------|------------|------|------|-------|----------------|
| Date | Event | Discipline | For? | Cost | Place | Contact Person |
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| OCTOBER | | | | | | |
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| Date | Event | Discipline | For? | Cost | Place | Contact Person |
| 1-6 October 2018 | SA Gym Games | ALL Disciplines: MAG, WAG, RG, ACRO, TRA, RS, GFA | Gymnasts Level 4+ | TBC | Tshwane, Gauteng | ctgasecretary@gmail.com |
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| NOVEMBER | | | | | | |
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| Date | Event | Discipline | For? | Cost | Place | Contact Person |
| 1-4 November 2018 | Region 5 | MAG, WAG, TRA, Rhythmic, AER | Gymnasts Level 4+ | TBC | TBC | ctgasecretary@gmail.com |

| DECEMBER | | | | | | |
|-----------------------------|-----------------------|-----------------------------------|--------------------|------|-------|--|
| Date | Event | Discipline | For? | Cost | Place | Contact Person |
| Between 10-15 December 2018 | SA Schools Tournament | MAG, WAG, Rope Skipping, Aerobics | Gymnasts Level 1-6 | TBC | TBC | ctgaschools@gmail.com |