

2017 MAG **PROVISIONAL** GYM GAMES PROGRAM LEVEL 4 - 7 Class 1 & 2

6 & 7 OCTOBER 2017  
 MATSPORT - GAUTENG



**FRIDAY 6 OCTOBER 2017**

<u>GYMNASTS</u>		<u>JUDGES</u>	
<b>LEVEL 4 : 9 - 10 YRS SUB DIVISION 1</b>			
07H45 - Grouping & General warm up 08H15 to 08h55 - Apparatus warm up 09h00 - Competition 10h30 - Prizegiving at end of SUB 2	Judges clinic - 08h00 to 08h45 Judges MARCH ON 08h55		
<b>LEVEL 4 : 9 - 10 YRS SUB DIVISION 2</b>			
10H00 - Grouping & General warm up 10H30 to 11h10 - Apparatus warm up 11h15 - Competition 12h45 - Prizegiving	Judges tea Judges March on 11h10		
<u>GYMNASTS</u>		<u>JUDGES</u>	
<b>LEVEL 4 : 11 - 12 YRS SUB DIVISION 1</b>			
12H45 - Grouping & General warm up 13H15 to 13h55 - Apparatus warm up 14h00 - Competition 15h30 - Prizegiving at end of SUB 2	Judges Lunch & clinic - 12h45 to 13h45 Judges MARCH ON 13h55		
<b>LEVEL 4 : 11 - 12 YRS SUB DIVISION 2</b>			
15h00 - Grouping & General warm up 15H30 to 15h40 - Apparatus warm up 15h45 - Competition 17h15 - Prizegiving	Judges tea Judges March on 15h40		
<u>GYMNASTS</u>		<u>JUDGES</u>	
<b>LEVEL 4 : 7-8yrs AND 13 &amp; over</b>			
16H45 - Grouping & General warm up 17h15 to 17h55 - Apparatus warm up 18h00 - Competition 19h30 - Prizegiving	Judges tea Judges March on 18h55		
<b>TECHNICAL ASSEMBLY - 2017</b>			
MEETING ROOM - 19h45 to 20h30			

**SATURDAY 7 OCTOBER 2017**

<u>GYMNASTS</u>		<u>JUDGES</u>	
<b>LEVEL 5 : 10 - 11 YRS</b>			
07H45 - Grouping & General warm up 08H15 to 09h15 - Apparatus warm up 09h15 - Competition 11h30 - Prizegiving	Judges clinic - 08h00 to 09h00 Judges MARCH ON 09h05		
<b>LEVEL 5 : 12 - 13 yrs, 14 &amp; over AND class 1</b>			
11H00 - Grouping & General warm up 11H30 to 12h30 - Apparatus warm up 12h30 - Competition 14h45 - Prizegiving	Judges tea Judges March on 12h20		
<u>GYMNASTS</u>		<u>JUDGES</u>	
<b>LEVEL 7 All &amp; Class 2</b>			
14H30 - Grouping & General warm up 15H00 to 16h00 - Apparatus warm up 16h00 - Competition 18h15 - Prizegiving	Judges Lunch & clinic - 14h30 to 15h45 Judges MARCH ON 15h50		
<b>LEVEL 6 All</b>			
17h45 - Grouping & General warm up 18H15 to 19h15 - Apparatus warm up 19h15 - Competition 21h15 - Prizegiving	Judges Dinner Judges March on 19h05		